

ST. MARGARET'S
ECUMENICAL & RETREAT CENTER

January & February 2023



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On-Going Weekly Activities

Worship Services Wednesdays at Noon

Zoom and In-Person Worship Services - All Welcome!

Zoom.us ID: 842 3057 0175 Passcode: SMH

Wednesday Lunches at 12:30pm

Includes main + veggies, salad, bread, and dessert

Please make a reservation by the Friday before 315-724-2324

Suggested donation \$13 per person

On-Going Monthly Activities

Friends of Emmaus House Meetings

January 11th and February 8th

2nd Wednesdays at 10AM @ **Emmaus House**

New Members Welcome!

Conversations with Rev. Gillett

January 11th and February 8th

2nd Wednesdays at 1:30pm at St. Margaret's

Group discussion about Matters of Faith

Grief Support Group

January 10th and February 14th

2nd Tuesdays at 6:30pm at St. Margaret's

What's Cooking with Irene

January 18th Monthly Dinner

Marinated Chicken Breast, Baked Potato with Butter and Sour Cream,
Fresh Browned Butter Green Beans, Salad, and Dessert

February 15th Monthly Dinner

Chicken Riggies, Salad, Garlic Bread, and Dessert

*** Third Wednesdays at 5:00pm (take out) and 6:00pm (dine in) ***

Please make a reservation by the Friday before 315-724-2324

*** Suggested donation \$17 per person ***

All Welcome!

It is my pleasure to welcome you to St. Margaret's Ecumenical & Retreat Center throughout the year, and especially now when the winter is in full-swing, and the hustle and bustle of the holidays is over. Please come! Come and sit, relax, pray, read, take part in one or more of our events or activities; come for Holy Eucharist service on Wednesdays.

Maybe you'd like to join us for one of our groups. We have *It Takes a Village*, we have the Grief Group, and Friends of Emmaus. New folks are always welcomed to join us in any of these; we'd love to have you! In this issue of our newsletter, you'll also see that we have a couple of work days to help spiff up St. Margaret's. One day is specifically aimed at the library – we could really use your hands that day. Diane, our librarian, works really hard but there's just so much one person can do. Let's give her a hand! As always, it makes planning easiest if you'd please give a call or email to sign up for all of the events and activities.

I'll part with wishing you *Enough*. This poem always touches my heart, and I hope that it does yours as well.

Be well,
Judith H. Reilly



***I Wish You Enough* by Bob Perks**

I wish you enough sun
to keep your attitude bright.
I wish you enough rain
to appreciate the sun more.
I wish you enough happiness
to keep your spirit alive.
I wish you enough pain so that
the smallest joys in life
appear much bigger
I wish you enough gain
to satisfy your wanting.
I wish you enough loss
to appreciate all that you possess.
I wish you enough "Hellos" to get you
through the final "Goodbye."



Special Events

It Takes A Village - January 3rd and February 7th at Noon

Our It Takes a Village group will be meeting to prepare meals for The Morrow Center first Tuesdays at Noon. We will be serving dinner at The Morrow Center each of these nights from 6pm - 9pm as well. Lunch will be provided for our volunteers. *Please call or email to let us know you will be joining us.*

Grief Group - January 10th and February 14th at 6:30 pm

St. Margaret's continues to host a facilitated grief group to support anyone experiencing loss. The group meets monthly on second Tuesdays from 6:30 to 8:00pm. *Please call if you have any questions - new members welcome!*

The Journey - January 12th from 1:30pm to 3:00pm

Please join Rev. Carol Jubenville and Fr. John Buehler in a discussion around supporting our body, mind, and spirit. *Additional details on the following page.*

Scrabble Day - January 18th at 9:30am

You are invited to a game of Scrabble! Come take a break from winter and enjoy community, with coffee and a board game. *Please register by January 12th.* If you would like to join a future game day, but this time doesn't work for you, please let us know a different time that might work for future events like these.

Work Day: Library Spruce Up - February 2nd from 9am - 12:30pm

Please join us in organizing our library! We've had a number of books donated and our librarian could use help organizing. Lunch will be provided for our volunteers. *Please register by January 27th.*

Come and Make Some Joyful Music - February 16th at 2pm

Gather with friends at St. Margaret's, bring your voice, bring an instrument, and we'll have a fun afternoon with one another. The Scots call it a *Ceilidh*. We'll sing, we'll laugh, and we'll enjoy friendship and fun! Light refreshments will be served. Please register by February 9th and let us know if you would like to share a song or poem. *Suggested donation \$5.*

Work Day: Inside Spaces - February 21st from 9am - 12:30pm

Please join us for an inside work day giving St. Margaret's House some love and attention. Many hands will help make our dusting and polishing light work. Lunch will be provided for our volunteers. *Please register by February 15th.*

Special Events



We often speak about Body and Mind but what about our Spirit?

You are invited to join us and learn more about a special program that will guide you and your visitation team all year long!

When: January 12, 2023 from 1:30- 3:00 PM
Where: St. Margaret's Retreat Center, 47 Jordan Rd., New Hartford
What to bring: Laptop or one will be provided
Cost: \$5.00
Register by: January 5th (limit 25)
Contact: 315.724.2324 or info@stmargaretshouseny.org

Come and hear about this new ecumenical program designed for those in their third chapter of life, homebound or those separated from their faith communities. This project is fully funded in the hope that more people will feel God's everlasting presence wherever they are or whatever circumstance they are facing.

Rev. Carol Jubenville (Methodist) and Fr. John Buehler (Roman Catholic) invite clergy and laity alike to participate in a mini-retreat on January 12th from 1:30–3:00 at St. Margaret's House where we will present a video/bible study series called "The Journey-Shepherding God's People."

Rev. Carol and Fr. John will lead you through this program and offer you insightful ways of using this time of worship and study guide to help churches and community organizations with visitations all year long.

Researchers have said that mind-body-spirit means that our wellness comes not just from physical health, but from mental health and spiritual health as well. To be "healthy," we must pay attention to all three aspects of our nature.

You will walk away with a new understanding of Spiritual Wellness with resources in hand. Check us out on www.thejourneyvideo.com.

TO MAKE MUSIC IN THE HEART

Howard W. Thurman (1899 – 1981) was a prominent clergyman, theologian, educator, mystic, and civil rights leader. He wrote a number of books, including *Jesus and the Disinherited*, *Meditations of the Heart*, and *Mysticism and the Experience of Love*, to name a few.

One of his memorable poems, found in *The Mood of Christmas and Other Celebrations*, is fitting for the post-Christmas season, which can seem rather dull and wintry as the holy day glow fades.

WHEN THE SONG OF THE ANGELS IS STILLED,
WHEN THE STAR IN THE SKY IS GONE,
WHEN THE KINGS AND PRINCES ARE HOME,
WHEN THE SHEPHERDS ARE BACK WITH THEIR FLOCKS,
THE WORK OF CHRISTMAS BEGINS:
TO FIND THE LOST,
TO HEAL THE BROKEN,
TO FEED THE HUNGRY,
TO RELEASE THE PRISONER,
TO REBUILD THE NATIONS,
TO BRING PEACE AMONG THE PEOPLE,
TO MAKE MUSIC IN THE HEART.

May the beginning of our new year 2023 and our season of Epiphany be brighter as we embrace the work of Christmas and experience God's music in our hearts.

Elizabeth Gillett+

Emmaus House

Thank you to all who donate necessities and niceties to the women and children staying at Emmaus House! New Home Welcome Kits and Hygiene Supplies are always in need. Also needed are women's sanitary supplies, new bath towels, washcloths, and bath mats, flip flops for children and adults, and family board games. Donations may be brought to St. Margaret's or directly to Emmaus House. Thank you for your kindness.



Serving Women & Children
Since 1983

Friends of Emmaus House is a group of volunteers who provide support to help meet the needs of the house & guests. This is done through donations, fundraisers, and our annual Open House. We typically meet the 2nd Wednesday of each month to determine needs and find solutions to those needs. Upcoming meeting dates are January 11th and February 8th at 10am at Emmaus House. *New Members Welcome!*

Monetary Donations: We are often asked how members of our community can make monetary donations to St. Margaret's and Emmaus House. Donations for both houses can be sent to St. Margaret's, 47 Jordan Road, New Hartford, NY 13413. All checks can be made out to "St. Margaret's." Please write "Emmaus House" in the "for" line if you would like your donation to go to Emmaus House. All donations are tax-deductible as we are a non-profit organization. Donations can also be made through our website: <https://www.stmargarethshouseny.org/>

↪ **Community Donation & Volunteer Opportunities** ↩

It Takes a Village members are asking for your assistance in gathering donations for Hope House. Needs include diapers (ten pounds and up), baby formula, toilet paper, toothbrushes & paste, shampoo & conditioner for all hair types, and coffee. Donations can be dropped off at St. Margaret's or directly at Hope House.

Volunteers Needed: With the help of people like you, St. Margaret's Food Pantry at Grace Episcopal Church, has the opportunity to support families in our neighborhood and families across our community. Because of food pantries our most vulnerable neighbors never have to decide between food or bills. With just a little of your time, you can help families achieve the stability and independence they need to feed themselves and their families. If you are available to volunteer on Fridays from 10:00 a.m. - 1:00 p.m. at either our Food Pantry or Thrift Store, please contact Grace Episcopal Church at 315.733.7575.

Personal Retreats at St Margaret's

St. Margaret's has meeting spaces for group meetings and overnight retreats. We also welcome members of the community to come and stay at St. Margaret's for personal retreats. Individuals staying at St. Margaret's have use of the house, library, and chapel during their stay. There are many quiet sitting areas for relaxation and contemplation. We have a lovely path to the Wayside Cross on our grounds. Personal retreats are unguided and offer guests a chance to unwind and reconnect with themselves.

Guest rooms are \$55 per night and include overnight accommodation and use of the house and the guest kitchenette, which has a refrigerator, microwave, toaster, and instant hot water for tea and coffee.

If you would like to plan a personal retreat for one or more nights, please contact us for additional information and scheduling.



Photos: St. Margaret's Chapel, Living Room, Library, and Meditation Room.

CONTACT INFORMATION & RESERVATIONS:

Phone: 315-724-2324 | Email: info@stmargaretshouseny.org

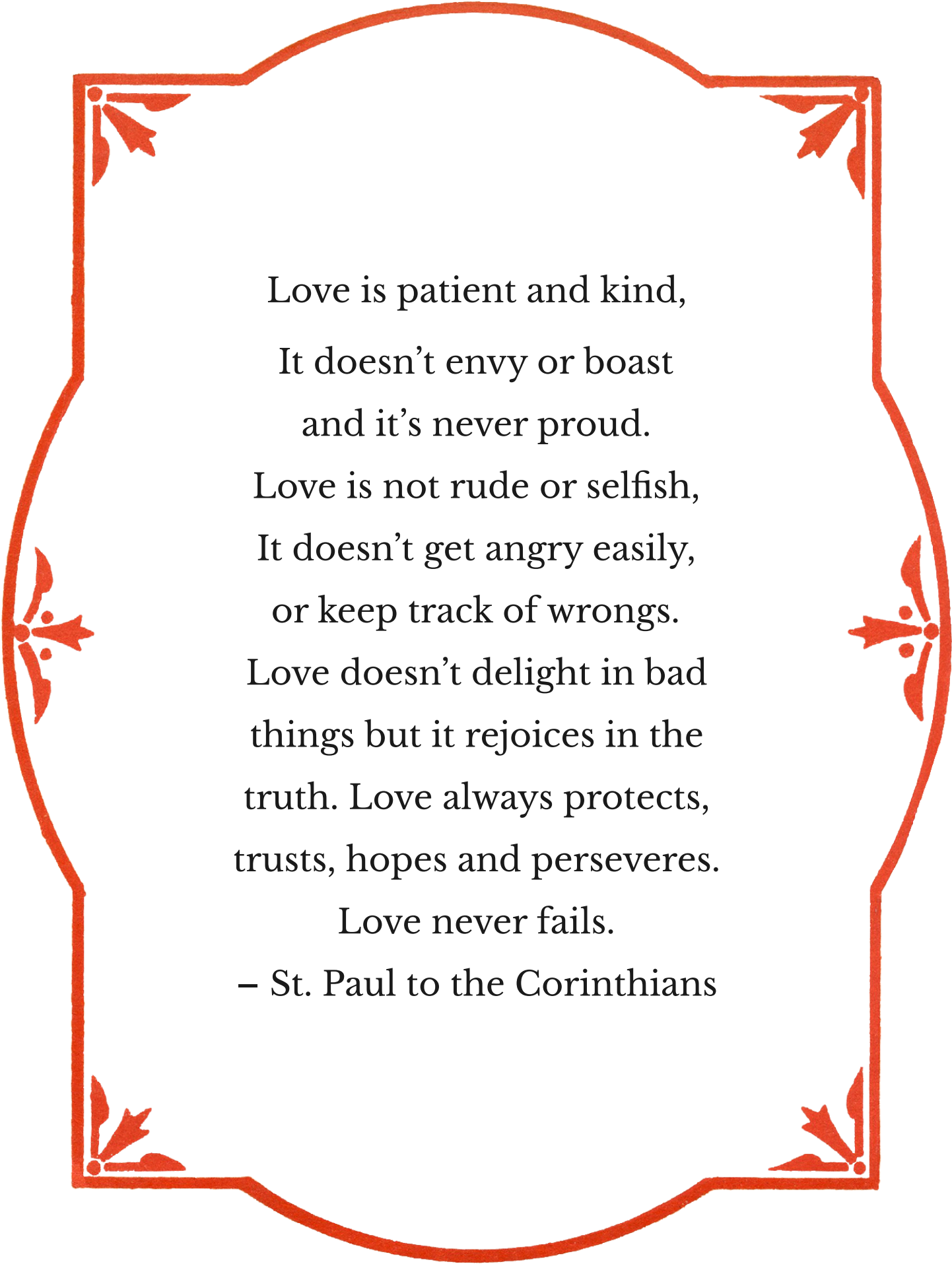
St. Margarets, Friends, & Events!



Photos: End of Season Concert with Wildflower; Blessing of the Animals with Rev. Elizabeth Gillett and Rev. Deacon Jean Skinner; Psalms and their Psubtle Psecrets with Rev. John LaVoe; Bell Ringing practice with Vicky Stockton Allen; Preparing Meals for The Morrow Center with It Takes a Village

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Love is patient and kind,
It doesn't envy or boast
and it's never proud.
Love is not rude or selfish,
It doesn't get angry easily,
or keep track of wrongs.
Love doesn't delight in bad
things but it rejoices in the
truth. Love always protects,
trusts, hopes and perseveres.
Love never fails.

– St. Paul to the Corinthians

We Would Love to Hear from You!

Over the course of 2022, in addition to our regular weekly, monthly, and annual events we held a Sacred Sites Tours series of local places of spiritual meaningfulness and an overnight Advent retreat. Both events were well-received with requests for continued events like these in the future.

We would love to know your desires in planning our future events! Please use this form to mail your feedback & suggestions, or email info@stmargaretshouseny.org with your comments. With Appreciation, Judith H. Reilly

Sacred Sites Tours

In 2022 we visited four local Sacred Sites in June, July, August, and September: St. Marianne Cope Shrine & Museum, Rosa Mystica Foundation of America, St. Kateri National Shrine & Museum, and Holy Trinity Monastery.

Please let us know if you would like to attend a tour/tours in 2023: _____

Tour site suggestions (within 1.5 hour drive of New Hartford): _____

Overnight Retreats

We held an Overnight Advent Retreat at St. Margaret's on December 4th and 5th, from 3pm Sunday to 3pm Monday. Meals and accommodations were included. The retreat had time for silence and personal reflection, and group prayers and community. Based on the positive feedback and request for future retreats among participants, we are exploring future overnight retreats. Please let us know if you would be interested in participating, as well as your schedule needs, and topics that you would like to see covered. Thank you!

Interest: ☐ yes, ☐ no, ☐ maybe

Your availability: ☐ weekends, ☐ weekdays, ☐ available any time

Frequency: ☐ once a year, ☐ twice a year, ☐ four times a year

Topics of Interest: _____

Thank you! Please return when you are able to:

St. Margaret's, 47 Jordan Road, New Hartford, NY 13413



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